

West Hants Uniacke Community Health Board Report to Community 2021-2022

What Do We Do?

- Community Leadership
- Community Health Planning
- Health & Wellness Promotion

Central Zone CHB Health Plan Priorities

- Equitable Access to Health Services and Information
- Working Together Upstream
- Wellness and Health Promotion
- Supportive Community



Partnerships

We value working collaboratively in partnerships, such as:

- Supporting Equality and Inclusion in our Community
- West Hants Housing Coalition
- Quarterly Community Partnership Network Meetings
- West Hants and Valley Youth Providers Network
- Partnerships with other local CHBs:
 - School Food Advocacy
 - Housing Support Networking



Events

With many events and meeting happening virtually for 2021 and 2022 the WHUCHB continued to offer opportunities for community to connect

Advocacy

We have been active in advocating for healthy public policy, including:

- Access to Housing Supports
- A barrier-free healthy school food program
- Inclusive and free/affordable recreation opportunities

Wellness Funds

We were pleased to grant monies to local community initiatives supporting our Central Zone CHB Plan priorities

- Hants Learning Network Association
 - Stepping into Better Health
- Hants West Food Action Council
 - Cooking Mentorship
- SchoolsPlus
 - Finding Football
- Mik'maw Native Friendship Center -POSSE Project
 - Older Women's Crisis Support Fund

VOLUNTEER PROFILE



People often say how a change needs to be made for the good of our community. If you want to help make a difference then becoming a CHB member is the first and most important step to take. We make a difference.

Brenda Shiers joined the West Hants Uniacke Community Health Board in 2019. After serving only one year as a Board member she was elected co-chair. Prior to joining the WHUCHB Brenda represented Nova Scotia Legal Aid for several years as a member of the Community Partnership Committee. Her participation with that committee and the CHB included: presenting at meetings and engaging with the community at various event including the Avon View Youth Health Fair and Hants County Senior Safety Expo. Brenda also also enjoys being involved with the CHB Wellness Funds!

Want to Join Us?

Visit

www.communityhealthboards.ns.ca

or contact Andrea Parker at:

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