

# How Can CHBs Better Engage with Diverse Communities?

## Panelist Biography

### **Julie Martin**

**Let Abilities Work  
Partnership Society**

Born in England, Julie immigrated to Canada in 1989, settling in Alberta while raising her three children and pursuing a career as a private investigator.

In 2007, the loss of her vision was a deciding factor in resigning her position and making the move with her husband and their youngest child to Pictou County, Nova Scotia.

For the first time in her life, Julie felt disabled. In 2015 after becoming extremely isolated and struggling with mental wellness she made the decision to explore volunteer opportunities.

Her first endeavour was to become a member of the Community Health Board for Central and East Pictou County. In her wildest imagination, she never envisioned volunteering would become such a catalyst for a happier, healthier life, opening doors she never knew existed.

Six years later, she is a passionate advocate for the visually impaired, as well as others with disabilities. She currently sits on several accessibility advisory committees across the Northern Zone of Nova Scotia.

