

# How Can CHBs Better Engage with Diverse Communities?

## Panelist Biography

### Garrett Gloade

Wekope'kwitk (Millbrook First Nation), Mi'kma'ki

Born and raised in the community of Millbrook First Nation. He is the son of Language Keeper Shirley Denny & the late Garry Gloade.



He currently resides in his community with his wife Cheyenne Isaac-Gloade of Listuguj Mi'kmaw Nation.

Garrett has dedicated his time and efforts to protect and promote indigenous culture in his community and abroad. He is a pow wow singer and drummer, hand drum maker, beader and local knowledge keeper, dedicating the last 15 years to passing forward his craft to others.

An advocate for youth and men's mental health in his community, he hopes to carry the teachings he had learned from his travels & conversations to bring a healthier lifestyle to his people from his life experiences.