

Kingston/Greenwood CHB Report to Community 2020-2021

What Do We Do?

- Community Leadership
- Community Health Planning
- Health & Wellness Promotion

Western Zone CHB Health Plan Priorities:

- Food Security
- Housing
- Recreation & Wellness
- Community Connection



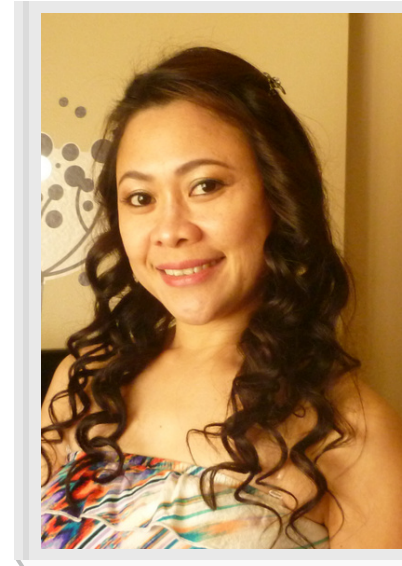
**KINGSTON/
GREENWOOD**
Community Health Board



Volunteer Profile

Lovely Bulahan,
Greenwood

“ The CHB helps to advocate for diversity, and connects us in our lives no matter the skin colour we have, language we speak, culture we enjoy, or lifestyle we are used to. Most important of all, whatever and wherever we are come from, is that we are **community as one, united in our society.** ”



Lovely Bulahan is a single mom of two girls. Originally from the Philippines, she moved to Greenwood from Edmonton, Alberta four years ago. She joined the CHB to be connected and learn more about the community.

Want to Join Us?

Visit www.communityhealthboards.ns.ca
or contact Louise.Hanavan@nshealth.ca (902)526-0369

Partnerships

We take a collaborative approach to our work whenever possible. Recently, we partnered with other local CHBs to support the founding of the Kings Co. Community Food Council, distribute postcards about priority community health issues, and work with the municipality on a Nutrition & Healthy Eating Environment Policy.

Events

One advantage of events being hosted virtually this year has been our ability to easily participate in provincial and national trainings, meetings, and events. This year, we joined groups across Canada in a virtual edition of the "Great Big Crunch," celebrating healthy school food.



Advocacy

The Kingston/Greenwood Community Health Board has been active in advocating for healthy public policy such as:

- A guaranteed basic income
- A barrier-free healthy school food program

Wellness Funds

We were pleased to provide Wellness Funds to two local community initiatives this year:

- Red Bear Healing Home Society
Red Bear Connects
- Pine Ridge Middle School
Archery Program

