

Annapolis CHB Report to Community 2020-2021

What Do We Do?

- Community Leadership
- Community Health Planning
- Health & Wellness Promotion

Annapolis CHB Health Plan Priorities:

- Food Security
- Housing
- Community Connection
- Recreation & Wellness



CARING...FOR THE
COMMUNITY
ANNAPOLIS
Community Health Board



Volunteer Profile

**Dianne McDonald,
Middleton**

“Volunteering with the Community Health Board provides an opportunity to work with a diverse group of community-serving professionals committed to improving the general health and well being of all.”



Dianne McDonald (MA, MEd) grew up in Victoria Vale on the North Mountain. In her retirement from a career in teaching, she has served on the Annapolis Community Health Board for five years. Among her areas of interest and contribution is local access to safe, affordable, appropriate housing.

Want to Join Us?

Visit www.communityhealthboards.ns.ca

or contact

Louise.Hanavan@nshealth.ca

Partnerships

- Annapolis Active Kids Healthy Kids
- Engage Nova Scotia (*From Me to You* community connection initiative)
- Soldiers Memorial Hospital Foundation

Events

Like the rest of the world, we re-imagined our events in online spaces this year. Thank you to those of us who joined us for:

- Virtual Wellness Fund Celebration
- Virtual Volunteer Information Sessions
- Virtual Wellness Fund Information Sessions, and more!



Advocacy

The Annapolis Community Health Board has been active in advocating for a universal and healthy school food program. We are an endorser of the Coalition for Healthy School Food, and hosted the *Great Big Crunch* campaign at Middleton Regional High School.

Wellness Funds

This year's Wellness Fund recipients included:

- Three Rivers Community Centre, *Chair Yoga for Seniors*
- Middleton Regional High School, *Girl on Fire Program*
- Inglewood Community Club, *Inglewood Community Garden*
- Family Matters, *Natural Playspace for Learning*
- Royal Canadian Legion, *Washertoss Project*

