

Volunteer Profile

Jan Murley,
Acaciaville

“It’s inspiring to work with other dedicated volunteers and form partnerships that contribute to the wellness of our community!”

Jan is the Chair of our board and is passionate about improving access to nutritional food and safe, affordable housing. She enjoys volunteering to help make her community a healthier place to live.



Want to Join Us?

Visit www.communityhealthboards.ns.ca

or contact

Clyde deViller 902-740-1338 or

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Digby & Area CHB Report to Community 2020-2021

What Do We Do?

- Community Leadership
- Community Health Planning
- Health & Wellness Promotion

Western Zone CHB Health Plan Priorities:

- Food Security
- Housing
- Recreation & Wellness
- Community Connection



**DIGBY
and AREA**
Community Health Board



Partnerships

Aside from having guest speakers at many meetings to help the board and community partners work more collaboratively as well as participating in the Reconciliation Workshops, our board partnered with:

- Our Mental Health & Addiction Health Promoter to obtain a design for positive nor smoking /vaping signage for the Municipality & Town of Digby. Our Chair has had discussions with municipal leaders to gauge support for the installation of such signage. This project will continue in the new year.
- Digby SchoolsPlus to deliver Food Boxes to families in need.
- Our neighbouring boards of Yarmouth & Clare such as the Virtual Wellness Funds Celebration. A description of the projects can be found on our Facebook Page.
- Engage Nova Scotia's Me to You Campaign.



Advocacy

- Letters from board for Basic Income, a National School Food Program, flavoured vaping, affordable high-speed internet and to oppose home delivery of alcohol by NSLC. Individuals and community stakeholders were also invited to write letters. The board also wrote two letters of support for the Digby Area Recreation Commission's Community Garden Project.

Wellness Funds

We funded 4 projects:

- Digby Area Recreation Commission, Healthy Bellies, Healthy Bodies Project
- Digby SchoolsPlus, Food Box Program
- Digby SchoolsPlus (SMBA), Free Store Project
- Freeport Community Development Association, Community Greenhouse Project

