

Volunteer Profile

Shawna Comeau,
Meteghan River

“Thank you to our board members who have supported me as Co-Chair. My community’s health & wellness will always be my passion.”

My term as Co-Chair is coming to a bittersweet end this fall. I’m forever grateful for the wonderful opportunities & beautiful experiences I had as a CHB member.

Want to Join Us?

Visit www.communityhealthboards.ns.ca

or contact

Clyde deViller 902-740-1338 or

clyde.deviller@nshealth.ca

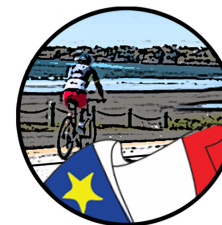
Clare CHB Report to Community 2020-2021

What Do We Do?

- Community Leadership
- Community Health Planning
- Health & Wellness Promotion

Western Zone CHB Health Plan Priorities:

- Food Security
- Housing
- Recreation & Wellness
- Community Connection



CONSEIL DE SANTÉ
DE CLARE
CLARE
Community Health Board



Partnerships

Aside from having guest speakers at many meetings to help the board and community partners work more collaboratively, our board partnered with:

- Villa Acadienne, a long term care facility in Clare, to continue and promote a Meals on Wheels Program which serves over 40 clients and involves as many volunteers.
- La Municipalité de Clare to purchase positive no smoking / vaping signs for 7 municipal properties in Clare. We also nominated one of our board members, Margaret Jeddry, as a municipal volunteer.
- The Nutrition Committee for Clare schools with the goal to offer more nutritious food options on the school menu.
- With our neighbouring boards of Yarmouth & Digby on activities such as the Virtual Wellness Funds Celebration. A description of the projects can be found on our Facebook Page.
- Engage Nova Scotia's Me to You Campaign.

Advocacy

- Letters from board for Basic Income, a National School Food Program, flavored vaping, affordable high-speed internet and to oppose home delivery of alcohol by NSLC. Individuals and community stakeholders were also invited to write letters. The board also wrote a letter of support for la Municipalité de Clare to undertake a housing plan for the municipality.

Wellness Funds

We funded 5 projects:

- Digby Schools Plus (SMBA), Free Store Project
- École Joseph Dugas, Apprendre et exercer dans la nature! Project
- ÉcolesPlus Clare, Boîtes à manger Project
- Service des loisirs de la Municipalité de Clare, Le bien-être en temps de pandémie : favoriser l'accès à des stratégies et ressources qui appuient un mode de vie sain Project
- South West Chapter - Autism NS, Communication and Sensory Support Services for Autistic Individuals Project