

# Central Kings CHB Report to Community 2020-2021

## What Do We Do?

- Community Leadership
- Community Health Planning
- Health & Wellness Promotion

## Western Zone CHB Health Plan Priorities:

- Food Security
- Housing
- Recreation & Wellness
- Community Connection



**Central  
KINGS**  
Community Health Board

 non-secular  
health

# Partnerships

- Kings County Community Food Council
- Homeless No More
- Valley CAP (Community Alcohol Partnership)
- Aging Well Together Coalition
- Trafficking & Exploitation Services System (TESS)
- Partnerships with other local CHBs:
  - Distributing postcards about priority community health issues
  - Work with the municipality on a Healthy Eating Environments Policy



# Events

Many events this year were hosted virtually. This allowed us to easily participate in provincial and national trainings, meetings, and events.

The Central Kings CHB area is located from approximately New Minas to Coldbrook, to the Bay of Fundy to the north and to the end of Kings County to the south.

## Advocacy

The Central Kings CHB has been active in advocating to municipal, provincial, and federal leaders for healthy public policy, such as:

- A guaranteed basic income
- A national school food program
- Affordable and reliable rural internet
- Adjustments to the draft Traffic Safety Act

## Wellness Funds

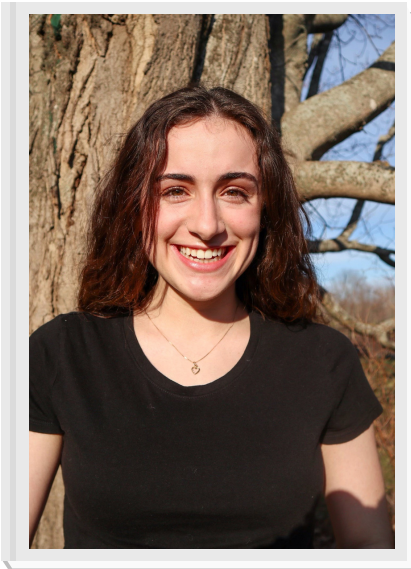
We were pleased to provide \$16,782.37 to local community initiatives supporting our Western Zone CHB Plan priorities:

- Digital Mi'kmaq  
*Womens Wellness Packages*
- Flying Squirrel Adventures  
*Nature Based Recreation Program*
- Open Arms  
*Takeout Connection Window*
- Rowan's Room Developmental Society  
*REACH*

# Volunteer Profile

Grace Hennebery-  
McNeil,  
Centreville

“ The Community Health Board has allowed me to be a more active and informed community member. It has given me the opportunity to explore areas that I don't have as much experience. It has been such a positive and inclusive environment. ”



Grace joined the CKCHB in February 2020 as a youth member. She is an active member of her school and community. Currently a senior at Horton High School, Grace aspires to study medicine. She also enjoys camping, backpacking and music.

## Want to Join Us?

Visit [www.communityhealthboards.ns.ca](http://www.communityhealthboards.ns.ca)

or contact

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