

# Volunteer Profile

Lindsay Slade  
Wolfville, NS

“ I like volunteering with the CHB because it ties into my interest and education in local housing & homelessness issues. ”

Lindsay joined EKCHB in 2020. She is an Acadia Student passionate about tackling the issue of youth homelessness and sits as a representative on the Valley CHB Housing Committee.

## Want to Join Us?

Visit [www.communityhealthboards.ns.ca](http://www.communityhealthboards.ns.ca)  
or contact

Lisa Pomfrey-Talbot

[lisa.pomfrey-talbot@nshealth.ca](mailto:lisa.pomfrey-talbot@nshealth.ca)

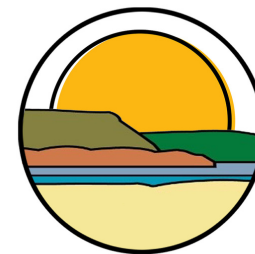
# Eastern Kings CHB Report to Community 2020-2021

## What Do We Do?

- Community Leadership
- Community Health Planning
- Health & Wellness Promotion

## Eastern Kings CHB Health Plan Priorities:

- Food Security
- Housing
- Recreation & Wellness
- Community Connection



**Eastern  
KINGS**  
Community Health Board



## Partnerships

Kings County Food Council  
Valley CAP (Community Alcohol Project)

## Wellness Funds

Eastern Kings CHB distributed \$13,516.11 to local projects supporting our Western Zone CHB Plan priorities.

Our 2020-2021 recipients are:  
SchoolsPlus Kings East & Wolfville District  
Lions Club: "Lions After the Bell"  
Rowan's Room Developmental Society:  
"REACH"

Valley Raging Grannies:  
"Taking Our Message to the Youth"  
Flying Squirrel Adventures:  
"Nature-based Recreation for Youth"

## Advocacy

Eastern Kings CHB partnered with the other Annapolis Valley CHBs to advocate for Healthy Food Environments Policy in Kings County.

In addition, EKCHB worked with other CHB's on a postcard campaign to bring awareness of the CHB priorities that involves writing messages on the back of postcards that are sent to local MPs and Senators.

