

Refreshed Community Health Plan Recommendations for 2021 to 2023

Mental Wellness and Sense of Belonging



- CHBs will engage with specific community partners around mental wellness and the stigma of mental illness.
- CHBs will advocate for equitable access to community programs in safe and comfortable environments for all to reduce social isolation.

Community Engagement, Connection and Inclusion

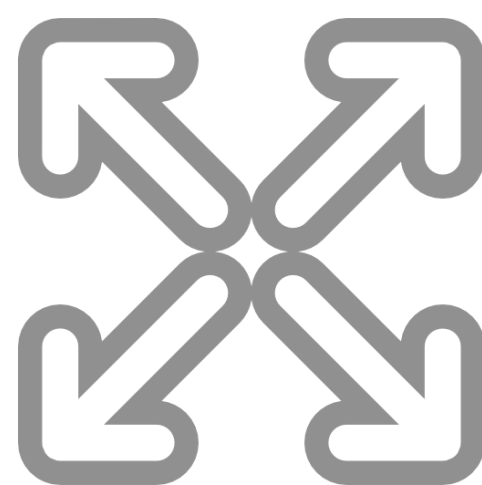


- CHBs will approach and create meaningful relationships with communities that have been systematically marginalized.
- CHBs will promote volunteerism as a means of community participation, and will provide meaningful opportunities to contribute to community health plan projects.

Healthy Active Lifestyle and Supportive Environment



- CHBs will work with community partners to advocate to all levels of government for policy and infrastructure that supports inclusive recreation and healthy eating opportunities.
- CHBs will advocate for supportive and inclusive outdoor spaces and promote the importance of outdoor active living for social and physical wellbeing.



Thriving Communities Prosperity and Affordability



- CHBs will engage with community partners to advocate for anti-poverty efforts and promote prosperity for all.
- CHBs will work with community partners to advocate for barrier-free necessities of life (e.g. food, water, housing, internet, social connection) for vulnerable populations.